

# Bereavement Support Groups

*Please call for start dates and locations*

## PASSAGES

Meets weekly for 11-12 weeks

## JOURNEY TO HOPE

Faith Based Support Group  
Meets monthly

## PARENTS GROUP

Loss of child, any age  
Meets monthly

## GRIEVERS OF SUICIDE LOSS

For those suffering the loss of a loved one by suicide  
Meets weekly for 11-12 weeks

## DOORWAYS

For women who have completed Passage Group  
Meets monthly

## PREGNANCY, INFANT OR TODDLER LOSS

Loss of child pre-birth or in infancy  
Meets monthly

## GRIEVERS OF OVERDOSE LOSS

For those suffering the loss of a loved on by overdose  
Meets monthly

## MEN'S BREAKFAST

For men who have lost their spouse  
Meets monthly



## Contact Bereavement Services at:

**Hospice of Knox County**  
17700 Coshocton Road  
Mount Vernon, Ohio 43050  
740-397-5188

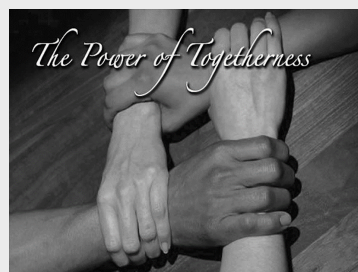
**Hospice of Richland County**  
2131 Park Avenue West, Suite 400  
Ontario, Ohio 44906  
800-952-2207

**Hospice of Ashland County**  
1021 Dauch Drive  
Ashland, Ohio 44805  
419-281-7107

**Bereavement services are offered free of charge to anyone in our communities**

## COUNTIES SERVED

Ashland Crawford Huron Knox  
Morrow Richland



Hospice of North Central Ohio, Inc (HNCO) does not exclude, or deny benefits to, or otherwise discriminate against any person on grounds of race, color, national origin, disability, sex, or sexual orientation.

United Way of Ashland and Knox County



## Bereavement Services

**THREE LOCATIONS:**  
Ashland, Knox, Richland

For more information call

1-800-952-2207

[www.myhnco.org](http://www.myhnco.org)



**Specialized Grief Support  
For Anyone in Our  
Community**



## ***Expert Support To Families, Children, Teens and Adults***

Specialized bereavement services provide assistance in our community to those surviving sudden traumatic loss as well as death after an extended illness. Individuals of any age who have had a loved one pass (as well as following a hospice patient's death) can share their grief journey in a confidential setting with a skilled bereavement specialist.

Children and teens tend to grieve differently than adults and are served by grief counseling individually and when appropriate, in collaboration with school personnel.



### **Camp Hope**

Camp Hope occurs each summer, and takes place at Pleasant Hill Outdoor Camp for children ages 6-17. Camp is provided at low to no cost to participants through the generosity of grants and donations.



## ***Support Groups***

Support groups can offer a specialized form of comfort in a secure setting. Whether the group meets once a month or on a weekly basis, support groups have much to offer, for example, a sense of validation.

A grief support group provides a safe space to verbalize your pain in grief. No one knows exactly how you feel in your grief, but at the same time, you are NOT alone in your grief. While that sounds contradictory, those two statements co-exist which is why Hospice of North Central Ohio offers grief support groups. Joining one helps you realize you aren't "crazy" or abnormal for feeling the multitude of emotions that come with grief.

***"In every heart there is an inner room  
where we can hold our greatest  
treasures and our deepest pain."***

**Marianne Williamson**



## ***Outreach to the Community***

Our community experiences loss in many ways: traumatic death, terminal illness, short term or long term illness. Healthcare facilities, schools, factories, businesses, and churches all benefit from community outreach and education regarding grief and loss. Academic performance, employee morale and productivity can all be negatively influenced by loss. Education and support to teachers, industry workers and student groups are tailored to each groups' needs

**Call 1-800 952-2207**  
to learn more about  
HNCO's FREE  
grief support groups.

All groups are free and open to the public. Some groups are done in collaboration with other entities.

